



Kristoffer Møllevik / Visit Helgeland

WELCOME TO
MO I RANA



Dear Friends,

Welcome to Mo i Rana!

Your new home is a city made rich by its industrial heritage, innovation and rapid green growth, and most of all - its people!

You have joined a community of over 26,000 inhabitants that will experience a major population growth in the coming years, and you are one of them!

We are grateful you have chosen Mo i Rana, and decided to become part of our community.

Kind regards,

Geir Waage, Mayor of Rana Municipality

WELCOME TO MO I RANA

In Mo i Rana, everything is within close distance of the city. Here, an urban pulse merges with the possibilities for a simple and safe life, with proximity to both nature and services. Mo i Rana is a city in rapid growth, set in an awe-inspiring natural landscape, combining the sea, mountains, forests, lakes and glaciers.

Mo i Rana is Northern Norway's third largest city. We have developed a world-leading green industry cluster along with excellent job opportunities, both in the public and private sectors. In the next few years, we will build a large airport and FREYR will establish battery cell factories.

Join on us on these exciting times of growth and development!





Emilie Solbakken / Visit Helgeland

THINGS TO DO

RESTAURANTS & BARS

LIVING IN MO I RANA

WORK-LIFE BALANCE

In your free time, you can enjoy a rich cultural life, and natural surroundings that invites play and fun. Whether you are going to work, school or taking care of daily chores, the commute is short. Mo i Rana offers the perfect setting for a safe and relaxing life.

You will have opportunities to find your dream home in Rana whether you are looking to build, buy or rent. Regardless of your specific location, you will live in the immediate vicinity of scenic nature.



Espen Mills / Visit Helgeland

Park22

Welcome to the Culture House in the heart of town. Here you will find coffee, lunch and an art gallery; all in an environment that offers concerts featuring local, national and international musicians.

Til Elise Fra Marius

A unique gastronomic experience in beautiful surroundings. Here you will discover the "farm to table" concept. The ingredients are sourced locally resulting in the freshest food with local flavor - Enjoy!

Hanna Lovinde



Espen Mills / Visit Helgeland



THINGS TO DO

CHILDREN & FAMILY

Science Center

At Vitensenter Nordland, you can experiment, explore, and learn about the natural world, technology, innovation and mathematics. The center offers activities for the whole family.

Allan Berg/Vitensenter



THINGS TO DO

LEISURE & OUTDOOR

Peaceful nature

You can enjoy the silence on the mountain, or by the fjord, or explore the beautiful archipelago on the Helgeland coast. If you enjoy hunting and fishing... this is the place to be!

Jonas Berglund



Caves

Just outside Mo i Rana you will find Setergrotta and Grønligrøtta caves. The guided tour will bring you 400 meters into the mountain. There you will discover an underground river, waterfalls, stalactites and other surprises.

Roger Brendhagen / Visit Helgeland



Winter in the archipelago

Have you ever experienced the exhilarating feeling of going for a hike or skiing in pristine surroundings with magnificent views of an archipelago, glaciers and forests? This is your chance!

Simon Fosshelm / Visit Helgeland



Climbing parks

Welcome to the treetops! Høyt & Lavt Climbing Park in Krokstrand has climbing courses with exciting obstacles & zip-lines in the trees.

Thea Høgseth Pedersen / Build up Helgeland



Festivals

During summer you can enjoy Helgeland's thriving festival scene. Some of the largest festivals are Trænafestivalen, Verket, Rootsfestivalen, Festspillene Helgeland and Havnafestivalen.

Bjørn Leivik





Hans Petter Sørensen / Faroutfocus.no

DISCOVER MORE

Mo i Rana and the Helgeland region have much more to offer you. Below you will find more information about the city. We look forward to welcoming you to our city and region.



For more information about exploring Helgeland, check out www.visithelgeland.com
Follow @welcometomoirana on facebook for events for the international community in Mo i Rana